

Summer Session 2017

More information about our teachers:

Caroline, 508.481.2559, [email](#) or download [Caroline's](#) schedule.

Sandy, 774.573.3863, [email](#) or download [Sandy's](#) schedule.

Annette, 508.887.5495, [email](#) or download [Annette's](#) schedule

Nirooshitha, 508.887.5495, [email](#) or download [Nirooshitha's](#) schedule

Schedule of Ongoing Yoga Classes

Please NOTE session dates may be different for each class.
Each noted under the class.

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
	<p>Bliss• w/Sandy 10:15-12:15</p> <p>Session Dates July 17 - Aug 28 (no class 7/3 & 7/10)</p>	<p>Beginner/ Continuing w/Nirooshi 10:00-11:30am</p> <p>Session Dates Jul 11 - Aug 29</p>	<p>Beginner/ Continuing w/Caroline 9:30-11:00am</p> <p>Session Dates Jul 5 - Aug 30</p>	<p>Beginner/ Continuing w/Caroline 9:30-11:00am</p> <p>Session Dates Jul 6 - Aug 31</p>	<p>Experienced• w/Caroline 12:00-1:45pm</p> <p>Session Dates Jul 7 - Sep 1</p>	
<p>Beginner/ Continuing w/Caroline 5:30-7:00pm</p> <p>Session Dates Jul 9 - Aug 27</p>	<p>Gentle w/Sandy 5:45-7:15pm</p> <p>Session Dates Jul 17 - Aug 28 (no class 7/3 & 7/10)</p>	<p>Beginner/ Continuing w/Caroline 5:30-7:00pm</p> <p>Session Dates Jul 11 - Aug 29</p>		<p>Bliss• w/Sandy 5:45-7:15pm</p> <p>Session Dates Jul 13 - Aug 24 (no class 7/6)</p>		
	<p>Beginner/ Continuing w/Annette 7:30-9:00pm</p> <p>Session Dates Jul 10 - Aug 28 (no class 7/31)</p>		<p>Beginner/ Continuing w/Nirooshi 6:30-8:00pm</p> <p>Session Dates Jul 12 - Aug 30</p>	<p>Advanced Bliss•† w/Sandy 7:30-9:30pm (opt. meditation 9:40-10:40)</p> <p>Session Dates Jul 13 - Aug 24 (no class 7/6)</p>		

Download this [ongoing schedule](#).

†Meditation

•Requires permission of instructor to attend this class.

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